

NYC Department of Education
Community School District 26 & Community District Education Council 26

DISTRICT 26
WELLNESS FAIR

Friday, January 25th

2:30 PM to 8:30 PM

At PS 41 (214-43 35th Avenue, Bayside)

 **New York Blood Center**

Blood Drive! Please donate! (2:30 – 8:30 PM)



Stress Management Workshop

Child Mind Institute

3:00 PM – 4:00 PM

(childcare available for PreK and up)



Parent/Child Zumba Class

With Erica Pagano

4:00 PM – 5:00 PM



Fitness Class (adults only)

Max Velocity

6:00 PM – 7:00 PM



Yoga (adults only)

with Irene Failenbogen

7:00 PM – 8:30 PM

Please bring your own mat.

Representatives from the following organizations:

American Red Cross

Child Center of NY

Child Mind Institute (4:00-5:00)

Cohen's Children's Hospital

DOE Office of School Health

Friend Zone Kids

Heading Home Healthy (2:00-5:00)

Mayor's Office for Immigrant Affairs (2:30-5:30)

New York Presbyterian Queens

Thrive NYC (4:00-6:00)

Zucker Hillside Psychiatric Hospital

To register and for more information please contact the District 26 Family Coordinators.

Kim D'Angelo: call 718.631.6905 or email kdangelo4@schools.nyc.gov

Wendy Mo: call 718.631.6966 or email wmo@schools.nyc.gov

To find out about other District 26 events visit the *Family Engagement* page at www.district26.org.